

February 2025



# West Dunbartonshire Community Newsletter

Welcome. We aim to share the fantastic work currently being delivered in the authority, publicise up and coming events, funding opportunities and much more. The community newsletter will be published monthly. If you have an event or campaign that you would like mentioned then please get in touch. Thanks

E: [YourCommunity@west-dunbarton.gov.uk](mailto:YourCommunity@west-dunbarton.gov.uk)



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# Dumbarton Community Soup Funding Event

£3 or what you can afford at the door

Have a bowl of soup and a blether

Vote for your favourite idea

Got an idea which will benefit the Dumbarton community?

Want to pitch for £500 ?

For an application pack, contact Sean - 07585 883057 or Chris - 07551 257138 or email [YourCommunity@west-dunbarton.gov.uk](mailto:YourCommunity@west-dunbarton.gov.uk)

## When and where ?

6pm Thursday 6th Feb 2025  
St. Augustine's Church  
2 High St, Dumbarton G82 1LL



Find out more about Community Soup here



To get involved in your community visit here





# Biodiversity Community Soup Funding Event



Do you have an idea to enhance the biodiversity within your community?

Come and pitch your idea for a chance to win £500 to kickstart your project

Venue: Dumbarton Football Club,  
6pm Tuesday 4th March 2025

Open to all  
Want a stall at the event?  
Have a bowl of soup & a chat  
Vote for your favourite project



If you want to pitch your idea contact  
Sean 07585 883057 or Chris 07551 257138 or email  
[YourCommunity@west-dunbarton.gov.uk](mailto:YourCommunity@west-dunbarton.gov.uk)

for an application



# NEW COMMUNITY PROJECT

# A JOURNEY



Are you interested in any of the above?

Come along and join a community driven project where you can share your knowledge and experiences, learn new skills, connect with other people and build confidence.

You will have the opportunity to take part in a variety of activities, taking you on a journey of personal development whilst enjoying a new shared experience.

For more information on how to take part please contact  
Vale of Leven Trust

Contact us on **01389 752 629**, email us at **info@valeofleventrust.com**  
or come by and see us at 9 Mitchell Way, Alexandria, G83 0LW



@valeofleventrust



@Vale of Leven Trust



@VOLTrust

**VALE OF LEVEN  
TRUST**

**wdcvs**  
With communities, for communities!



In September 2024 a group of young adults from West Dunbartonshire and Hydra Arts enacted a pilgrimage across Europe by train to Longyearbyen in Svalbard, the area of the world where the affects of climate change are happening at the fastest rate according to Scientists.

The result of this process is Pilgrim- a new performance project that seeks to open up a conversation about what it means to be alive and young during the current climate crisis.

Join us for an original performance that explores how we have come to make sense of our collective journey to the arctic, of what we carry with us now that we have returned and how we continue to make sense of what has been left behind.

## ***Pilgrim***

Hydra Arts new performance work created by Peter McMaster & Gudrun Soley.

Friday 7th February @ 7.30pm

Denny Civic Theatre, St Marys Way, Dumbarton G82 1NL

Tickets here £3.41 each: <https://pilgrimfeb25.eventbrite.com>

Recommended for ages 12+

# SFRS Public Involvement and Consultation



The Scottish Fire and Rescue Service (SFRS) would like to invite you to take part in a short focus group scheduled for:

**Clydebank Fire Station, 2 Kilbowie Road, Clydebank G81 6QT**  
**On 13 February 2025 from 2-4pm**

The session will consist of two distinct elements:

Firstly, a discussion around the **2025-28 Strategy for SFRS**. We want to capture your views on our draft Strategy and whether you think we have the correct objectives and outcomes for the modern fire and rescue service we aim to be.

Secondly, we will be working with our friends at the Scottish Fire National Commemoration Trust to capture views from members of the public on **proposals for a national fire memorial**.

The sessions, which are free to attend, of course, will take the form of informal round-table discussions. Light refreshments will be provided, and participants will also have the opportunity of a short, guided tour of the fire station after the meeting.

Places are limited, and attendance must be confirmed in advance. If you are interested in taking part or have any questions about this opportunity, please email Tom McGunnigle: [Thomas.mcgunnigle@firescotland.gov.uk](mailto:Thomas.mcgunnigle@firescotland.gov.uk)



**SCOTTISH**  
**FIRE AND RESCUE SERVICE**

Working together for a safer Scotland





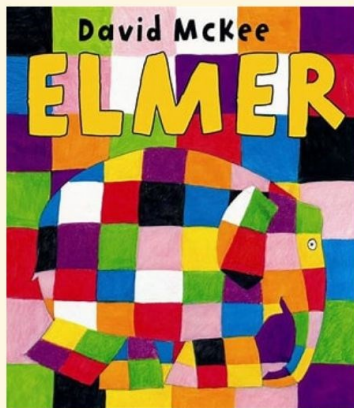
**MAKE A HEART HOT AIR BALLOON**  
**Free Craft for over 5 year olds**

**Wednesday 19th February**  
**11am-12pm**  
**Dalmuir Library**  
**Dalmuir Community Centre**

**BOOK ON 0141 562 2425**



# WORLD BOOK DAY



## ELMER STORYTELLING AND SUNCATCHER CRAFT

FOR CHILDREN 3-8 YEARS OLD

THURSDAY 6TH MARCH

10:45AM

DALMUIR LIBRARY

DALMUIR COMMUNITY CENTRE

BOOK PLACES ON 0141 562 2425



## Lomond Community Food Pantry

Thursday 4—8pm

Friday 10—12 noon

Come register and get 10 items for £3!

Find us at the Annex behind the Lennox Hall in  
Jamestown (The Old Boys Brigade Hall)



Lomond  
Community  
Pantry

Search **LOMOND COMMUNITY PANTRY**  
on facebook



Renton Community Food Hub

M: 07873 102428

E: [rentoncommunityfoodhub@gmail.com](mailto:rentoncommunityfoodhub@gmail.com)

St Martin's Church Hall

Thursdays 11.30 - 1pm

Search **Renton Community Food Hub** on facebook for updates



*DBC Community  
Pantry*  
And Drop in Cafe

Serving God by creating a safe,  
Inclusive community through  
Faith in action.

DBC Community Pantry & Drop in cafe

Dalmuir Barclay Church

07305 039910

[dalmuirbarclayfoodpantry@gmail.com](mailto:dalmuirbarclayfoodpantry@gmail.com)

Thursdays 6.30—8pm

Fridays 11—2pm

Search **DBC Community Pantry & Drop in cafe**  
on facebook for updates

**West Dunbartonshire Community Foodshare** - Provides emergency food aid parcels to anyone who requires it. Self referrals or agency referrals. Delivered to your home.

- By calling 01389 764135, Tuesday to Friday;
- FREEPHONE 0800 345 7050
- By texting HELP to 07483 373031;

Through email [wdcommunityfoodshare@outlook.com](mailto:wdcommunityfoodshare@outlook.com)

Facebook page for up to date information <https://www.facebook.com/West-Dunbartonshire-Community-Foodshare-695908630505272/>

**Food for Thought** - Provides emergency food aid parcels to anyone who requires it. self referrals or agency referrals

- 01389 743908 daily 10am - 5pm.

[admin@foodforthoughtwestdun.co.uk](mailto:admin@foodforthoughtwestdun.co.uk)

Facebook <https://www.facebook.com/foodforthoughtdumbarton/>

Food for Thought distribution centers are as follows:

- Monday to Friday, Unit 14a Artizan Shopping Centre, Dumbarton 10am - 5pm;
- Tuesday's, CATRA Centre, 5 Alexander Street, Alexandria 11.00am - 12pm;
- Monday's, St Stephens Chapel Hall, Park Road, Dalmuir 11.00am - 12pm;
- Thursday's, Clydebank Community Sports Hub, Dean Street, Clydebank - 11.00am to 12pm.

These are drop in sessions and no referral needed.

**Old Kilpatrick Food Parcels & Community Pantry** - Food Parcels (OKFP) help any resident of Old Kilpatrick, Bowling & Dalmuir, without the need for a referral. Free food pantry. No referral required

They can be contacted by any of the following routes:

Website – [www.okfp.org.uk](http://www.okfp.org.uk)

- Email [contact@okfp.org.uk](mailto:contact@okfp.org.uk)
- By calling – 07368 496836

Facebook - <https://www.facebook.com/OldKilpatrickFoodParcels/>

- Visit Napier Hall, 312 Dumbarton Road G60 5JH Old Kilpatrick, UK  
Open Monday to Friday 12-2pm

**Faifley Food Share** - Provide emergency food parcels. No referral required.

Check their Facebook page for up to date information

<https://www.facebook.com/faifleyfoodshare/>

Tuesday in Faifley Parish Church Hall 10 - 11am





Support and advice for people suffering from mental health issues and their carers.

An online service called [Togetherall](#) for residents of the West Dunbartonshire aged 16 and over. This service provides an anonymous peer to peer forum, offers self-assessment for anxiety and depression, as well as short online courses around grief and stress management. There is a 24 hour service for online chat with wellbeing advisors to support you to maintain your mental health and wellbeing.



West  
Dunbartonshire  
Wellbeing

Welcome to West Dunbartonshire Wellbeing, where children, young people and their families, and those who work with them will find information to support and improve wellbeing and emotional health.

You can find advice on a wide range of topics at the website

<https://www.wdwellbeing.info/>

**BONHILL**

**TUESDAY - THURSDAY • 9.30am – 4pm**

Y Sort It Centre, Ladyton, Bonhill G83 9DZ



## **WD for FAMILIES HUB**

**JANUARY - APRIL 2025**



Drop in Tuesday-Thursday 9am-4pm for signposting to a range of supports or join a group session for strategies in:

Beginners Knit & Crochet and a Natter with Claire on Tuesday  
4th, 11th, 25th Feb, 4th, 11th, 18th & 25th March  
9.30-11.30 am

Supporting Behaviour & Emotional Regulation on Thursday  
6th, 13th, 20th & 27th Feb, 6th & 13th March  
9.30-11.30am

Are you unable to come into the Hub? 'Call and Connect' to speak directly with an Outreach Worker  
9.30-3.30  
07391 412 577

Working 4 U Support  
1st Tuesday of every Month  
7th January, 4th February and 4th March  
1.00-4.00pm

Drop in or email the address below to attend group sessions. Email: [wdforfamilies@west-dunbarton.gov.uk](mailto:wdforfamilies@west-dunbarton.gov.uk) . Further information can be found via <http://sites.google.com/ourcloud.buzz/wdforfamilies/home>



## CLYDEBANK

TUESDAY - THURSDAY • 9.30am – 4pm

Clydebank Community Hub,  
405 Kilbowie Road, Clydebank G81 2TX



# WD for FAMILIES HUB

JANUARY - APRIL 2025



Drop in Tuesday-Thursday 9am-4pm for signposting to a range of supports or join a group session for strategies in:

Supporting Emotional  
Regulation  
on Tuesday  
4th & 11th February  
12.30-2.15pm

Supporting  
Sleep  
on Tuesday  
4th, 11th & 25th  
March  
12.30-2.15pm

Parenting Network  
with Outreach Workers  
on Wednesday  
5th, 12th & 26th  
February, 5th, 12th, 19th  
& 26th March  
9.30-11.30am

Working 4 U Support  
3rd Tuesday of  
every Month  
21st January, 18th  
February &  
18th March  
1.00-4.00pm

Drop in or email the address below to attend group sessions. Email: [wdforfamilies@west-dunbarton.gov.uk](mailto:wdforfamilies@west-dunbarton.gov.uk)



COMMUNITY PLANNING  
WEST DUNBARTONSHIRE

West  
Dunbartonshire  
COUNCIL

# DUMBARTON

TUESDAY - THURSDAY • 9.30am – 4pm

Concord Centre, St. Mary's Way,  
Dumbarton G82 1LJ



## WD for FAMILIES HUB

JANUARY - APRIL 2025



Drop in Tuesday-Thursday 9am-4pm for signposting to a range of supports or join a group session for strategies in:

Supporting Behaviour  
on Thursday  
6th, 13th, 20th,  
27th February, 6th &  
13th March  
9.30-11.30 am

Supporting  
Toileting  
on Thursday  
20th & 27th  
March  
9.30-11.30am

Are you unable to  
come into the Hub?  
'Call and Connect'  
to speak directly with an  
Outreach Worker  
9.30-3.30  
07580340759

Working 4 U Support  
2nd Wednesday of  
every Month  
15th January, 12th  
February & 12th  
March  
1.00-4.00pm

Drop in or email the address below to attend group sessions. Email: [wdforfamilies@west-dunbarton.gov.uk](mailto:wdforfamilies@west-dunbarton.gov.uk)



COMMUNITY PLANNING  
WEST DUNBARTONSHIRE





## Too young for cancer? We get it!



### Cancer support for anyone in their 20s, 30s or 40s

- Our Glasgow network hosts friendly & relaxed social meet ups (online & in person)
- An online community around 24/7
- Resources offering support: videos, blogs, podcasts & personal experiences
- Programmes dealing with the impact of cancer



Shine support young adults aged between 20-50 who have experienced a cancer diagnosis. The organisation provides information and support to guide young adults dealing with a diagnosis. The local area networks also provide peer support whilst in a social environment, i.e. meeting for coffee, a drink, going to pub quizzes etc. If you or your colleagues need any more information then email [Glasgow@shinecancersupport.org.uk](mailto:Glasgow@shinecancersupport.org.uk)



**find out more**

[glasgow@shinecancersupport.org](mailto:glasgow@shinecancersupport.org)  
[www.shinecancersupport.org](http://www.shinecancersupport.org)





# Talk Cancer in Any Language

## Get in touch

talkcancer@cancer.org.uk

02034698111

[cruk.org/talkcancer](http://cruk.org/talkcancer)

Talk Cancer in Any Language is our standard cancer awareness workshop interpreted into any language, including British Sign Language. To help reduce health inequalities, this workshop reaches key groups in the community who face extra barriers to accessing health information due to language. The training helps to break down these barriers to seeking help and reduce the stigma around talking openly about cancer.

If you provide the interpreters, we can work with you to make the workshop content relevant to the people we'll be speaking to.

### What this workshop includes:



Two nurse trainers provided by us



3.5 hour workshop, including break and discussion for evaluation



Up to 16 people can attend



Face-to-face workshop in a venue of your choice



Interpretation into any language, including British Sign Language



Work with you to understand the people we'll be speaking to

### Who is this workshop for?

Talk Cancer in Any Language is for people who don't speak English as a first language, or who communicate using British Sign Language. This can help people who find English health information tricky and empower people to act as champions in their community to share information about cancer and health. We welcome anyone from the community, and they don't need to have a public-facing role like our standard training.

**"The training helped us understand that talking about cancer is not taboo and we learnt facts from myths. It's given us skills to discuss cancer risk and screening with people in the community."**

### What you'll need to do:



Source two interpreters for your chosen language



Book a suitable venue



Get a minimum of 10 people to attend, max 16



Promote your workshop and manage sign-ups



Tell us about the people we'll be speaking to



As much notice if you need to reschedule or cancel, but check our T&Cs

# Faifley Upcycling

Whether you're looking for something or looking to donate something, Faifley Upcycling are at the White Church in Faifley every Tuesday 10-12. You'll also find the Food Pantry here on a Tuesday — open 10-11am.

## Faifley Upcycling

Every Tuesday 10-12 at  
Faifley Parish Church.

Free clothing for children and adults, uniforms, household goods, curtains, bedding, and small furniture

Donations accepted at the same time

Full details and enquiries on Facebook "Faifley Upcycling"



# Westbridgend Clothing Bank

We have clothes ranging from infant to XXXXL  
Pop in for a wee browse.

We're open Mondays and Tuesdays 11-3pm.  
Donations can also be made during these times.

You'll find us in Flat One, Lomond Court,  
Westbridgend opposite Dalreaoch train station.



**DONATIONS:** Pass on your unwanted clothing items  
and school uniforms to us. Unfortunately we don't  
have space for shoes or bags.

Whether you want to donate or see what's available  
then pop in and say hello to Elaine and Carol.

Contact details: M: 07742 866069

E: [elaine\\_41@hotmail.com](mailto:elaine_41@hotmail.com)

We're also on facebook.



# Funding Information

## The Robertson Trust-Wee Grants

The Wee Grants fund has recently re-opened for applications after a period of review, aimed at constituted community groups and registered charities with an annual income of less than £30,000, supporting organisations who support people experiencing poverty or trauma, will fund up to £5,000 for one year only.

[Wee Grants | The Robertson Trust](#)

## Strengthening Organisations—TNL

### To apply for this funding, your organisation must:

- currently have funding from us for one or more projects
- work with people affected by poverty, disadvantage or discrimination
- involve the people you support in designing how you work.

### The work we fund must meet one of these outcomes

Organisations we fund are able to:

- overcome challenges and plan for the future
- try out new ideas and ways of working.

[See what we're hoping to fund](#) for details.

**Suitable for** — Voluntary or community organisations.

**Application deadline** — Ongoing

[Strengthening Organisations | The National Lottery Community Fund](#)

## TNL Awards for All

National Lottery Awards for All offers funding to support what matters to local communities, it can fund projects that do at least one of the following, Bring people together to build strong relationships across communities; improve the places and spaces that matter most to communities; help people reach their potential, supporting them at the earliest opportunity and support people, communities and organisations facing more demands and challenges because of the cost of living crisis.

[National Lottery Awards for All Scotland | The National Lottery Community Fund \(tnlcommunityfund.org.uk\)](#)

For more information on funding go to SCVO link here <https://funding.scot/search> where you can search by area, type of funding and more.

# Funding Information

## The Neighbourhood Ecosystem Fund

The fund helps communities develop their ideas for ecosystem restoration into a pipeline of deliverable projects. It can be challenging to get support for the early stages of projects and is open to community groups who can apply for up to £13,500, have an income of under £200,000 and projects should focus on the development and feasibility stages, rather than physical delivery, successful applicants will receive up to £1,500 in professional fundraising support in addition to their grant.

[Apply to the Neighbourhood Ecosystem Fund - Inspiring Scotland](#)

## Scotmid-Community Grant

Small, one off grants are available for local communities around Scotmid stores. Activities should focus on one of the following categories: Children/Education (eg. schools groups), Health (eg. promotion of healthy eating), Fairtrade, Homelessness/Poverty, Arts & Culture (eg. community music festivals), Environment (eg. promoting a clean/healthy environment), Elderly and Active lifestyles (eg. encouraging exercise/fitness/sport)

[Community Grant - Scotmid Co-operative](#)

## Fairer Life Chances Fund

This recently opened fund is for projects that support children, young people and families or that help people to be healthier and have better access to support. Projects should support people experiencing poverty, disadvantage or discrimination. Funding offered is from £20,001 to £500,000 for up to 5 years.

[Fairer Life Chances | The National Lottery Community Fund](#)

## Young Start

Helping young people aged eight to 24 to become more confident and play an active part in realising their potential.

[Young Start | The National Lottery Community Fund](#)

## Community Action

Funding for communities in Scotland. We're looking for projects that will help people connect more with each other. We'll support projects that are open, inclusive and led by their community.

[Community Action | The National Lottery Community Fund](#)



# Community Transport



West Dunbartonshire Community Transport have been providing health appointment transport for citizens of West Dunbartonshire from 1st April 2022 for citizens who cannot use public transport.

If you feel you or someone else can benefit from the service, the patient will need to register themselves and meet the following criteria:

- Patient is able to get in and out of a private car
- Patient cannot use public transport

For further information and bookings email [wdctag@gmail.com](mailto:wdctag@gmail.com) or phone Alan on 07990 825754 to arrange an initial conversation.

Check out West Dunbartonshire Community Transport Action Group on Facebook here - <https://www.facebook.com/profile.php?id=100064785753378>



# Community Surgeries

This an opportunity to speak to a member of the West Dunbartonshire Council Communities Team regarding any matter concerning your community.

Dalmuir Barclay Church	Last Fri of month	11am – 2pm
Lomond Parish Church, 1 Lomond Road, Balloch G83 8RJ	Every fourth Wednesday of month	12:30am – 2.30pm
Centre 81, Whitecreek	First Wed of month	11am - 1.30pm
Concord Centre, Dumbarton	Second and last Friday of the month	10.30am — 1.30pm

# Community Contacts

Dalmuir Barclay Church	DBC Community Pantry & Drop in café dalmuirbarclayfoodpantry@gmail.com Friday 11-2 / Thursday 18:30-20:00	07305 039910
West Dunbartonshire Food Share	Clair Coyle wdcommunityfoodshare@outlook.com	01389 764135
Old Kilpatrick Food Parcels	Maureen Cummings okfp.napier@gmail.com	01389 717792
West Dunbartonshire Food for Thought	admin@foodforthoughtwestdun.co.uk	01389 743908
Faifley Food Pantry	The White Church, Tuesdays 10—12	—
Dumbarton Rock Recovery	Concord Centre, Dumbarton—Friday 11.30-2pm	—



This document is also available in other languages, large print and audio format on request.

**Arabic** هذه الوثيقة متاحة أيضا بلغات أخرى والأحرف الطباعية الكبيرة وبطريقة سمعية عند الطلب.

**Hindi** अनुरोध पर यह दस्तावेज़ अन्य भाषाओं में, बड़े अक्षरों की छपाई और सुनने वाले माध्यम पर भी उपलब्ध है

**Punjabi** ਇਹ ਦਸਤਾਵੇਜ਼ ਹੋਰ ਭਾਸ਼ਾਵਾਂ ਵਿਚ, ਵੱਡੇ ਅੱਖਰਾਂ ਵਿਚ ਅਤੇ ਆਡੀਓ ਟੇਪ 'ਤੇ ਰਿਕਾਰਡ ਹੋਇਆ ਵੀ ਮੰਗ ਕੇ ਲਿਆ ਜਾ ਸਕਦਾ ਹੈ।

**Urdu** درخواست پر یہ دستاویز دیگر زبانوں میں، بڑے حروف کی چھپائی اور سننے والے ذرائع پر بھی میسر ہے۔

**Chinese (Cantonese)** 本文件也可應要求，製作成其他語文或特大字體版本，也可製作成錄音帶。

**Polish** Dokument ten jest na życzenie udostępniany także w innych wersjach językowych, w dużym druku lub w formacie audio.

### British Sign Language

BSL users can contact us via [contactSCOTLAND-BSL](mailto:contactSCOTLAND-BSL), the on-line British Sign Language interpreting service.

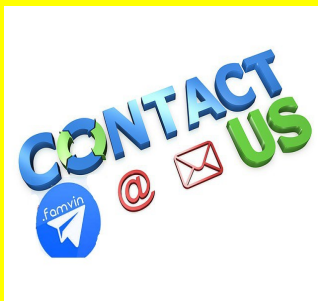
Find out more on the [contactSCOTLAND](http://www.contactSCOTLAND.org.uk) website

**Call: 01389 737527**

**Letter: West Dunbartonshire Council, 16 Church St, Dumbarton, G82 1QL**

**Email: [communications@west-dunbarton.gov.uk](mailto:communications@west-dunbarton.gov.uk)**

# Got something to share ?



[Alan.Karas@west-dunbarton.gov.uk](mailto:Alan.Karas@west-dunbarton.gov.uk)  
[Chris.Young@west-dunbarton.gov.uk](mailto:Chris.Young@west-dunbarton.gov.uk)

